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| **DATE** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **WEEK 1** | **PAPA JOHNS PIZZA (1EA)****VEG.-BROCCOLI (3/4 cp)****FRUIT-MIXED FRUIT (1/2cp)****GRAIN-INCLUDED IN ENTRÉE****RANCH (1oz)****MILK (6oz)** | **FRESH BEEF TACO (2oz)****VEG.-PINTO BEANS (3/4cp)****FRUIT-CANTALOUPE (1EA)****GRAIN- TORTILLA (1EA)****SHREDDED CHEESE (1oz)****MILK (6oz)** | **BACON GRILLED CHEESE (1EA)****VEG.-CARROTS (3/4 cp)****FRUIT-CINN. APPLE SLICES (1/2 cp)****GRAIN-INCLUDED IN ENTRÉE****MILK (6oz)** | **CHICKEN FRIED STEAK (1EA)****VEG.-MASH POTATOES (3/4 cp)****FRUIT-PEACHES (1/2 cp)****GRAIN-BISCUIT (1EA)****MILK (6oz)** | **BBQ RIBETTE (1EA)****VEG.-MIXED VEGETABLES (3/4 cp)****FRUIT-APPLE (1EA)****GRAIN-WG BUN****MILK (6oz)** |
| **WEEK 2** | **CHEESEBURGER (1EA, 1 SLICE CHEESE)****VEG.-BAKED BEANS (3/4cp)****FRUIT-MIXED FRUIT (1/2cp)****GRAIN- HAMBURGER BUN (1EA)****MUSTARD, KETCHUP, PICKLES (1oz)****MILK (6oz)** | **CHICKEN AND RICE (3/4CP)****VEG.-CARROTS (3/4 cp)****FRUIT-MANDARIN ORANGES (1/2 cp)****GRAIN-SALTINE CRACKERS (2EA)****MILK (6oz)** | **SPAGEHETTI (3/4CP)****VEG.-BROCCOLI (3/4 cp)****FRUIT-FRESH FRUIT (1EA)****GRAIN- BREADSTICK****MILK (6oz)** | **FRENCH TOAST STICKS** **(3 EA)****VEG.-TATOR TOTS (3/4 cp)****FRUIT-PEARS (1/2 cp)****SAUSAGE (1 EA)****GRAIN- INCLUDED IN ENTREE** **MILK (6oz)** | **CHICKEN NUGGETS (5EA)****VEG.-MIXED VEGETABLES (3/4 cp)****FRUIT-ORANGE (1EA)****GRAIN-RICE (1/2 cp)****ORANGE SAUCE (1oz)****MILK (6oz)** |
| **WEEK 3** | **PAPA JOHNS PIZZA (1EA)****VEG.-CARROTS (3/4 cp)****FRUIT-PINEAPPLE (1/2 cp)****GRAIN-INCLUDED IN ENTRÉE****RANCH (1oz)****MILK (6oz)** | **CORN DOG (1EA)****VEG.-CELERY (3/4 cp)****FRUIT-MIXED FRUIT (1/2cp)****GRAIN- ROLL (1EA)****MILK (6oz)** | **FRITO PIE (2oz, CHIPS 1oz)****VEG.-CORN (3/4 cp)****FRUIT-MANDARIN ORANGES (1/2 cp)****GRAIN-TORTILLA (1EA)****SHREDDED CHEESE (1oz)****MILK (6oz)** | **BOW TIE CHICKEN ALFREDO (3/4CP)****VEG.-BROCCOLI (3/4 cp)****FRUIT-APPLESAUCE (1/2cp)****GRAIN- GARLIC BREADSTICK (1EA)****MILK (6oz)** | **TAMALES (1EA)****VEG.-PINTO BEANS (3/4cp)****FRUIT-PEACHES (1/2 cp)****GRAIN-INCLUDED IN ENTREE (1EA)****MILK (6oz)** |
| **WEEK 4** | **CHICKEN PATTY (1EA)****VEG.-BROCCOLI (3/4 cp)****FRUIT-FRESH FRUIT (1EA)****GRAIN-HAMBURGER BUN (1EA)****SLICE CHEESE (1ea)****MILK (6oz)** | **SOFT CHICKEN TACO (2oz)****VEG.-PINTO BEANS (3/4cp)****FRUIT-FRESH FRUIT (1EA)****GRAIN-TORTILLA (1EA)****SHREDDED CHEESE (1oz)****PICANTE SAUCE (1oz)****MILK (6oz)** | **SALISBURY STEAK (1EA)****VEG.-WHIP POTATOES (3/4 cp)****FRUIT-MIXED FRUIT (1/2cp)****GRAIN-DINNER ROLL (1EA)****BROWN GRAVY (1oz)****MILK (6oz)** | **CHICKEN POSOLE (3/4 CP)****VEG.-FRESHCARROTS (3/4 cp)****FRUIT-FRESH FRUIT (1EA)****GRAIN-TORILLA (1 EA)****MILK (6oz)** | **BEAN BURRITO (1EA)****VEG.-GREEN BEANS (3/4cp)****FRUIT-MANDARIN ORANGES (1/2 cp)****GRAIN-INCLUDED IN ENTREE****PICANTE SAUCE (1oz)****MILK (6oz)** |

**LUNCH MENU 2023-2024**

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 **Canteen of Central New Mexico an equal opportunity employer**

