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| **DATE** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **WEEK 1** | **PAPA JOHNS PIZZA (1EA)**  **VEG.-BROCCOLI (3/4 cp)**  **FRUIT-MIXED FRUIT (1/2cp)**  **GRAIN-INCLUDED IN ENTRÉE**  **RANCH (1oz)**  **MILK (6oz)** | **FRESH BEEF TACO (2oz)**  **VEG.-PINTO BEANS (3/4cp)**  **FRUIT-CANTALOUPE (1EA)**  **GRAIN- TORTILLA (1EA)**  **SHREDDED CHEESE (1oz)**  **MILK (6oz)** | **BACON GRILLED CHEESE (1EA)**  **VEG.-CARROTS (3/4 cp)**  **FRUIT-CINN. APPLE SLICES (1/2 cp)**  **GRAIN-INCLUDED IN ENTRÉE**  **MILK (6oz)** | **CHICKEN FRIED STEAK (1EA)**  **VEG.-MASH POTATOES (3/4 cp)**  **FRUIT-PEACHES (1/2 cp)**  **GRAIN-BISCUIT (1EA)**  **MILK (6oz)** | **BBQ RIBETTE (1EA)**  **VEG.-MIXED VEGETABLES (3/4 cp)**  **FRUIT-APPLE (1EA)**  **GRAIN-WG BUN**  **MILK (6oz)** |
| **WEEK 2** | **CHEESEBURGER (1EA, 1 SLICE CHEESE)**  **VEG.-BAKED BEANS (3/4cp)**  **FRUIT-MIXED FRUIT (1/2cp)**  **GRAIN- HAMBURGER BUN (1EA)**  **MUSTARD, KETCHUP, PICKLES (1oz)**  **MILK (6oz)** | **CHICKEN AND RICE (3/4CP)**  **VEG.-CARROTS (3/4 cp)**  **FRUIT-MANDARIN ORANGES (1/2 cp)**  **GRAIN-SALTINE CRACKERS (2EA)**  **MILK (6oz)** | **SPAGEHETTI (3/4CP)**  **VEG.-BROCCOLI (3/4 cp)**  **FRUIT-FRESH FRUIT (1EA)**  **GRAIN- BREADSTICK**  **MILK (6oz)** | **FRENCH TOAST STICKS**  **(3 EA)**  **VEG.-TATOR TOTS (3/4 cp)**  **FRUIT-PEARS (1/2 cp)**  **SAUSAGE (1 EA)**  **GRAIN- INCLUDED IN ENTREE**  **MILK (6oz)** | **CHICKEN NUGGETS (5EA)**  **VEG.-MIXED VEGETABLES (3/4 cp)**  **FRUIT-ORANGE (1EA)**  **GRAIN-RICE (1/2 cp)**  **ORANGE SAUCE (1oz)**  **MILK (6oz)** |
| **WEEK 3** | **PAPA JOHNS PIZZA (1EA)**  **VEG.-CARROTS (3/4 cp)**  **FRUIT-PINEAPPLE (1/2 cp)**  **GRAIN-INCLUDED IN ENTRÉE**  **RANCH (1oz)**  **MILK (6oz)** | **CORN DOG (1EA)**  **VEG.-CELERY (3/4 cp)**  **FRUIT-MIXED FRUIT (1/2cp)**  **GRAIN- ROLL (1EA)**  **MILK (6oz)** | **FRITO PIE (2oz, CHIPS 1oz)**  **VEG.-CORN (3/4 cp)**  **FRUIT-MANDARIN ORANGES (1/2 cp)**  **GRAIN-TORTILLA (1EA)**  **SHREDDED CHEESE (1oz)**  **MILK (6oz)** | **BOW TIE CHICKEN ALFREDO (3/4CP)**  **VEG.-BROCCOLI (3/4 cp)**  **FRUIT-APPLESAUCE (1/2cp)**  **GRAIN- GARLIC BREADSTICK (1EA)**  **MILK (6oz)** | **TAMALES (1EA)**  **VEG.-PINTO BEANS (3/4cp)**  **FRUIT-PEACHES (1/2 cp)**  **GRAIN-INCLUDED IN ENTREE (1EA)**  **MILK (6oz)** |
| **WEEK 4** | **CHICKEN PATTY (1EA)**  **VEG.-BROCCOLI (3/4 cp)**  **FRUIT-FRESH FRUIT (1EA)**  **GRAIN-HAMBURGER BUN (1EA)**  **SLICE CHEESE (1ea)**  **MILK (6oz)** | **SOFT CHICKEN TACO (2oz)**  **VEG.-PINTO BEANS (3/4cp)**  **FRUIT-FRESH FRUIT (1EA)**  **GRAIN-TORTILLA (1EA)**  **SHREDDED CHEESE (1oz)**  **PICANTE SAUCE (1oz)**  **MILK (6oz)** | **SALISBURY STEAK (1EA)**  **VEG.-WHIP POTATOES (3/4 cp)**  **FRUIT-MIXED FRUIT (1/2cp)**  **GRAIN-DINNER ROLL (1EA)**  **BROWN GRAVY (1oz)**  **MILK (6oz)** | **CHICKEN POSOLE (3/4 CP)**  **VEG.-FRESHCARROTS (3/4 cp)**  **FRUIT-FRESH FRUIT (1EA)**  **GRAIN-TORILLA (1 EA)**  **MILK (6oz)** | **BEAN BURRITO (1EA)**  **VEG.-GREEN BEANS (3/4cp)**  **FRUIT-MANDARIN ORANGES (1/2 cp)**  **GRAIN-INCLUDED IN ENTREE**  **PICANTE SAUCE (1oz)**  **MILK (6oz)** |

**LUNCH MENU 2023-2024**

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**Canteen of Central New Mexico an equal opportunity employer**

